

- Discover for yourself the relaxing, therapeutic results of a massage treatment by Tracy Vasconcelos LMT, licensed massage therapist, esthetician and shamanic reiki practitioner. She offers a unique blend of massage modalities. Tracy is a natural born massage therapist. She has a great touch along with fantastic verbal and communication skills. These communication skills help her clients feel at ease and help her personalize each session for each individual client.

After personally experiencing dramatic improvement to long-standing back and neck injuries, she became an advocate for the healing power of massage. Massage stimulates healing by providing relaxation, increased energy flow and balance through the power of touch.

Tracy offers down to earth massage which will get you back in your body and rejuvenate you from the daily grind that life sometimes has to offer. Her massage is a blend of Swedish, Japanese Amma massage, Structural Balancing, Reflexology and energy healing.

Tracy graduated from the Wellness Resource Center and School of Massage in Dartmouth, MA, to become a certified Massage Therapist. She has also trained at the Muscular Therapy Institute in

**Tracy Vasconcelos Massage Therapy**

368 Front Street  
Marion, MA 02738

TRACY VASCONCELOS, LMT  
MASSAGE THERAPY

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AESTHETICS

(508) 277-6731

368 Front Street Marion,  
MA 02738



Sunday - Closed  
Monday - Closed  
Tuesday - 12pm-7pm  
Wednesday - 9am-3pm  
Thursday - 9am-3pm  
Friday - 12pm-7pm  
Saturday - 9am-3pm



[www.facebook.com/Massagetherapybytracy](http://www.facebook.com/Massagetherapybytracy)

Body Treatments	Rate
Satin Shimmer 60mins Exfoliation with salt crystals followed by a moisturizing massage that leaves skin soft and silky. (There are different body exfoliation treatments and Scents available. New scrubs are added seasonally.)	\$85
Detox Back Massage 60/90mins Marine products are applied to back to promote deep tissue detoxification, remineralize the body, loosen muscles & oxygenate tissue.	\$90/\$110

### Energy Healing Treatments

Shamanic Energy Healing  
30mins -\$45      60 mins-\$65  
Some of the techniques that may be included in your session are reiki, shamanic journey, cutting of energetic ties, chakra illumination, aura cleansing and shamanic extraction.

**Mind, Body, Face Tune-up** 90mins      \$120  
Experience a 30 minute massage, 30 minute facial and a 30 minute energy healing session to tune up those chakras and have you feeling balanced and fresh faced. A perfect treatment for the indecisive.

Phytomer Facials	Rate
Essentials Facial 60/90mins A facial customized to your skin type and skin needs using powerful marine ingredients.	\$85/\$120
Homme Sea Escape 60/90mins A relaxing facial tailored for men's skin care needs.	\$85/\$120
Sea Calm Facial 60/90mins A comforting, soothing facial for the sensitive delicate skin. Sensitive skin is softened and strengthened with pro-biotics and an anti-inflammatory mask for a complexion that is even-keeled.	\$90/\$125
Hydra Blue Facial 60/90mins A plumping moisturizing facial to absorb pollutants, Re-plump the skin with hydration for a bright, energized complexion.	\$90/\$125
Extended Youth Facial 60/90min A wrinkle correction firming facial. Reduce the depth of wrinkles and resuscitate the skin's natural firmness with this high performance treatment.	\$105/\$135

Add ons	Rate
Eye Perfection Treatment Awaken eyes with anti-fatigue ingredients and a fusion of marine extracts!!! Soften wrinkles, smooth eye contour, reduce puffiness and dark circles.	\$15

Massage Services	Rate
*Swedish or Therapeutic Massage/ 30 minutes	\$45
Massage/ 60 minutes	\$75
Massage/ 90 minutes	\$100
Massage/120 minutes	\$135
*Deep Tissue, Sports, or Lymphatic Drainage	
Deep Tissue / 30 minutes	\$50
Deep Tissue / 60 minutes	\$85
Deep Tissue / 90 minutes	\$115
Deep Tissue / 120 minutes	\$155
Hot Stone /60 minutes	\$95
Hot Stone / 90 minutes	\$125
Prenatal/ 60 minutes	\$75
Prenatal/ 90 minutes	\$100

**Contact:**  
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